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Raising Grateful Children



In a time of fast-paced computer games and filtered social-media images, people are struggling with the question, "How do we raise grateful children?"

On April 5th, Dr. Jasmine Eliav, registered clinical child psychologist, spoke to a room of eager parents who were waiting to hear the answer to that question. Dr. Eliav led an insightful and thought-provoking talk on the

matter (aptly titled Raising Grateful Children), providing examples from her own life and taking questions.

The event was hosted by JF&CS 2018-19 Annual Campaign Chairs, Tammy Baruch, Jenn Brodlieb, Sari Goldman and Michelle Nagy who wanted to address the issues felt by their peers in the community.

Thank you to Chef Jordan Wagman and students at The Jerome D. Diamond Adolescent Centre for providing delicious parfaits and granola for the guests to enjoy.

Dr. Eliav is a registered child clinical psychologist. She has her own private practice, is a staff psychologist at the Suspected Child Abuse and Neglect Program at the Hospital for Sick Children and is a clinical consultant to BOOST Child Abuse Prevention and Intervention.



Giving back runs in the family

Lily chose to do an EchoAge party this year for her 4th birthday and selected Jewish Family & Child as her charity beneficiary. Lily chose JF&CS because her bubbe, Tammy Balitsky, is a long time JF&CS supporter. She has taught

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Upcoming Events

[Centre of Service and Program Excellence for Poverty Launch Event](#)

Passover begins on April 19

Order your Passover Tribute Cards Today! [Click Here](#)

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JF&CS' monthly giving program. [Click here](#) for more information.

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Lily about the importance of helping Jewish families and making sure that every child feels safe and secure.

Lily feels so proud to tell her family and friends that she has helped others through tzedakah. Lily's parents (and JF&CS) are so proud of her and hope that Lily continues on her path of kindness.

Want to host an EchoAge party? If you have an upcoming celebration and would like to learn more, please [click here](#).

This week is National Volunteer Week

In honour of National Volunteer Week (April 15-21) we want to acknowledge all of our exceptional volunteers. Your years of dedication and commitment are very much appreciated and we thank you.

There are many ways to give back to the community through JF&CS. Susan and Murray have been Chaplaincy volunteers for nearly 5 years. Beyond providing friendly visits, they also facilitate Passover Seders, Chanukah programs and Rosh Hashanah programs for residents. They are generous with their time and make a huge difference in the lives of the Jewish patients and residents who are institutionalized. *"Trained as Spiritual Care visitors, we are grateful to be able to perform the mitzvah of visiting Jewish patients in hospital and rehab facilities. Thank you JF&CS Chaplaincy for this opportunity!"* – Susan & Murray

Aaron has been a Volunteer Big Brother for nearly 4 years at JF&CS. He volunteers approximately 2 times a month, spending quality time with his "little brother". Aaron attends his sports games, takes his little brother to the movies, or they just hang out and spend quality time together. Aaron is a very dedicated and committed volunteer and is making a difference in his little brother's life. *"Being a volunteer Big Brother has been an incredibly rewarding experience. I am fortunate for the mentors I had growing up and I'm grateful to have the opportunity to give back to others in my community."* – Aaron Baer

Our volunteers play a very meaningful role and we are grateful for their ongoing support. Want to get involved? Visit www.jfandcs.com/volunteer



We danced the night away at Dwayne

On March 28, [JF&CS Emerging Leaders](#) hosted an amazing concert with Dwayne Gretzky. Money raised at the event will provide youth with the opportunity to experience recreational and educational pursuits equal to those of their peers. This can include



access to computers, textbooks, art and music lessons and more. Typically, these are youth who come from financially struggling families, have mental health challenges, or are current and former foster care youth. View pictures from the event on the [JF&CS Emerging Leaders Facebook page](#).

Emerging Leaders was established in 2014 by a group of young professionals in their 20s and 30s. The members of this dynamic group have varying professions and backgrounds but all share a passion for making a difference in the community through the work of Jewish Family & Child. Want to get involved? [Email us!](#)

JF&CS Centre of Service and Program Excellence for Poverty Launch Event



JF&CS is excited to announce the launch of our Centre of Service and Program Excellence for Poverty on May 7, 2019.

The Centre of Service and Program Excellence for Poverty is a cross-sectoral initiative made up of community partners seeking to advance our work as it relates to people experiencing poverty. Our efforts are focused on capacity-building through the co-

creation and transfer of knowledge, strengthening our community of systems, and utilizing emerging and evidence-informed practices to increase the effectiveness of service delivery.

This event is ideal for stakeholders who are a part of the agencies, services, and systems that touch people who experience poverty.

For more information or to register, please [click here](#).

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